

The Leys Primary & Nursery School Newsletter

Learning Today Leading Tomorrow

Star of the Week		Friday 24th January 2025	
Class	Pupil	DATES COMING UP! (please note all dates are subject	
rphy	Phoebe	to change)	
njamin	Dotty	28 Jan EYFS workshop for parent	
r	Toby	Numbers in EY 9-10am 29 Jan Year 6 parents - SATs	
າ າ	Victoria	briefing 5-6pm	
lson	Charlie R.	30 Jan EYFS workshop for parents Numbers in EY 9-10am	
ndar	Sabur	3 Feb Children's Mental Health	
l	Nahla	Week 3 Feb Maths workshop for parents	
/in	Connor	Y1-6 from 2.15-3pm	
inte	Kabir	10 Feb Internet Safety Week 11 Feb Parent Consultations -	
orpurgo	Lexi	phone call 3.30-5pm	
rdan	Emily	12 Feb Parent consultations 3.30 -	
niah	Tomas	7pm (face to face)	
a	Erin	17 Feb-21 Feb Half term	
man	Daniel	24 Feb Term Starts	
Times Tables Leaders Well done to		 4 Mar - Year 1 phonic screening meeting for parents 9am. 6 Mar World Book Day 17 Mar - In Class photos 21 Mar Whole school Stay and share 2.30-3.15pm 25 Mar Year 1 assembly to paren 9.10am 27 Mar Y3 - School trip 	
1. Stacia 2. Emmy		Friends of The Ley	
3. Maya		- PTA	
For most improved time (playing in the Studio area) over the past 7 days		Together so far we've raised October School disco £1,4 October non-uniform day £236	

	17:22
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 28 Jan EYFS workshop for parents, Numbers in EY 9-10am 29 Jan Year 6 parents - SATs briefing 5-6pm 30 Jan EYFS workshop for parents, Numbers in EY 9-10am 3 Feb Children's Mental Health Week 3 Feb Maths workshop for parents Y1-6 from 2.15-3pm 10 Feb Internet Safety Week 11 Feb Parent Consultations - phone call 3.30-5pm 12 Feb Parent consultations 3.30 - 7pm (face to face) 	F
 17 Feb-21 Feb Half term 24 Feb Term Starts 4 Mar - Year 1 phonic screening meeting for parents 9am. 6 Mar World Book Day 17 Mar - In Class photos 21 Mar Whole school Stay and share 2.30-3.15pm 25 Mar Year 1 assembly to parents 9.10am 27 Mar Y3 - School trip 	T So Ze
Friends of The Leys – PTA Ogether so far we've raised October School disco £1,455 October non-uniform day £236 Thank you	W



What is Stress?



Stress is how your body reacts when you feel worried, scared, or like there's too much going on. It happens when something feels tough or overwhelming. A little stress can sometimes help you focus, but too much stress for a long time can be bad for your health.

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Signs Someone Might Be Feeling Stressed:

- Feeling grumpy, angry, or frustrated
- Feeling nervous or like things are just too much
- Not enjoying things you usually love
- Overthinking or having too many thoughts
- Heart beating fast
- Getting stomach aches or headaches

What Can You Do if You or a Friend Feels Stressed?

- Be kind to yourself and take breaks
- Set small goals you can achieve
- Talk to someone you trust
- Get moving—being active
- Make time to relax and have fun

https://www.childrenssociety.org.uk/information/young-people/well-being/resources/stress

Winter Uniform

- White polo shirt.
- Black trousers OR black skirt OR black pinafore dress (No leggings)
- Red cardigan OR school red sweatshirt OR school red fleece
- White/ Black school socks.
- Black school shoes/ Plain black trainers (no boots)
- Tights (Red/ Black)

<u>PE</u>

- Plain white t-shirt
- Plain black shorts
- Plain black jogging bottoms
- Black plimsolls or trainers trainers (plain white/ black are preferred)
- Red cardigan OR school red sweatshirt OR school red fleece OR Black hoodie/sweatshirt

(No leggings or gym tights)

What is Families First?

Families First is the term used in Hertfordshire for services that work together to support families who need extra help. These are also known as early help services.

We all experience difficulties at some point. Families First can help you find early help and information to prevent issues from getting worse.



lf you need more help than your usual support network - for example your health visitor, school, doctor or family centre - we can work with you and your family to create a package of support. <u>Ask for support</u>.

https://www.hertfordshire.gov.uk/microsites/families-first/families-first.aspx

Term dates 2024-2025

AUTUMN TERM	SPRING TERM	SUMMER TERM
Start of term: 3 September 2024 Inset day: 2 September 2024 25 October 2024 Term: 2 September - 25 October 2024 <u>Half term holiday: 28 October - 1</u> <u>November 2024</u> Occasional day: 2 December 2024 Term: 4 November - 20 December 2024 <u>Christmas holiday: 23 December - 3</u> January 2025	Inset day: 6 January 2025 Start of term: 7 January - 14 February 2025 <u>Half term holiday: 17 February - 21</u> <u>February 2025</u> Term : 24 February- 4 April 2025 <u>Easter holiday: 7 April - 21 April 2025</u>	Term: 22 April - 23 May 2025 Bank Holiday: 5 May 2025 Half term holiday: 26 May - 30 May 2025 Inset day: 2 June 2025 23 July 2025 Term: 2 June - 23 July 2025 Summer holiday: 24 July 2025 - 29 August 2025 Inset Days 2024 - 2025 2 September 2024 25 October 2024 2 December (Occasional day) 2024 6 January 2025 2 June 2025 23 July 2025

	Term dates 2025-2026	
AUTUMN TERM Start of term: 4 September 2025 Inset day: 3 September 2025 24 October 2025 Term: 3 September - 24 October 2025 Half term holiday: 27 October - 31 October 2025 Occasional day: 1 December 2025 Term: 3 November - 19 December 2025 <u>Christmas holiday: 22 December - 2</u> January 2026	SPRING TERM Inset day: 5 January 2026 Start of term: 6 January - 13 February 2026 Half term holiday: 16 February - 20 February 2026 Term : 23 February- 27 March 2026 Easter holiday: 30 March - 10 April 2026	SUMMER TERM Term: 13 April - 22 May 2026 Bank Holiday: 4 May 2026 Half term holiday: 25 May - 29 May 2026 Inset day: 1 June 2026 23 July 2026 Term: 2 June - 23 July 2026 Summer holiday: 24 July 2026 - 28 August 2026 Inset Days 2025 - 2026 3 September 2025 24 October 2025 1 December (Occasional day) 2025 5 January 2026 1 June 2026