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For 7-12 year olds



Effective Digital Therapeutic Support for children with anxiety

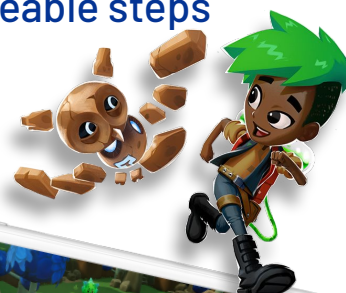
- ★ Instant access through a mobile app
- ★ Based on highly effective Cognitive Behavioural Therapy
- ★ Helps breakdown fears and worries into manageable steps
- ★ Development funded by the NHS



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Enable your child to learn
life-long skills to self-manage
their worries and build resilience



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